

## **CURRICULUM VITAE**

Caroline R. Richardson, MD  
Associate Professor, University of Michigan  
Research Scientist, VA Center for Clinical Management Research

1018 Fuller St., Ann Arbor, MI 48104-1213  
734.998.7120  
[caroli@umich.edu](mailto:caroli@umich.edu)

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## **Education and Training**

Sep 1982 - Jun 1986	Massachusetts Institute of Technology, Cambridge, MA, Bachelor of Science Degree in Theoretical Mathematics
Sep 1990 - Jun 1994	Harvard University Medical School, Boston, MA, MD Degree
Jul 1994 - Jun 1995	Family Practice Intern, PGY 1, St. Margaret Memorial Hospital, Pittsburgh, PA
Jul 1995 - Feb 1996	Family Practice Resident, PGY 2, Hunterdon Medical Center, Flemington, NJ
May 1996 - May 1998	Family Practice Resident, PGY 2-3 Thomas Jefferson University Hospital, Philadelphia, PA
Jul 1999 - Jun 2001	Research Fellow, Robert Wood Johnson Clinical Scholars Program University of Michigan Medical School, Ann Arbor, MI

## **Certification And Licensure**

### ***Certification:***

Jul 1998	Board Certified in Family Medicine
Jul 1998 - Apr 2009	Controlled Substance Registration Certificate, US
Mar 2005 - Mar 2009	Basic Cardiac Life Support
Mar 2005 - Mar 2009	Advanced Cardiac Life Support
Jul 2005 - Dec 2012	Recertification, American Board of Family Practice

### ***Licensure:***

Oct 23, 1997 - Jan 31, 2011	Physician License, Board of Medicine, State of Michigan
Oct 23, 1997 - Jan 31, 2011	Controlled Substance License, State of Michigan

## **Academic, Administrative, and Clinical Appointments**

### ***Academic Appointments:***

Aug 1998 - Jun 2003	Lecturer, Department of Family Medicine University of Michigan Health Systems, Ann Arbor, MI
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Jul 1999 - Jun 2001	Lecturer, Department of Internal Medicine University of Michigan Health Systems, Ann Arbor, MI
Jun 2003 - Aug 2009	Assistant Professor, Department of Family Medicine University of Michigan Health Systems, Ann Arbor, MI
Sep 2003 - May 2004	Visiting Lecturer, Department of Epidemiology Graduate School of Public Health, University of Pittsburgh, Pittsburgh, PA
Aug 2007 - present	Core Faculty for Robert Wood Johnson Clinical Scholars Program University of Michigan, Ann Arbor, MI
Aug 2007 - present	Member, Behavioral Core of the Michigan Diabetes Research and Training Center (consultant on physical activity), University of Michigan, Ann Arbor, MI
Aug 2009 - present	Member, Michigan Metabolomics and Obesity Center, University of Michigan, Ann Arbor, MI
Sept 2009 - present	Associate Professor, Department of Family Medicine University of Michigan Health Systems, Ann Arbor, MI

***Research Appointments:***

Sep 1989 - Aug 1990	Gastroenterology Clinical Research Coordinator Faulkner Hospital, Department of Gastroenterology, Boston, MA
Jan 2000 - present	Research Scientist Institute for Research on Women and Gender, University of Michigan, Ann Arbor, MI
Aug 2001 - present	Research Scientist VA Center for Clinical Management Research (formerly Health Services Research and Development) Ann Arbor, MI

***Clinical Appointments:***

Aug 1998 - May 2002	Attending Physician, The Corner Adolescent Health Clinic, Ann Arbor, MI
Aug 1998 - Jun 2003	Attending Physician, Chelsea Family Practice Inpatient Service, Chelsea Community Hospital, Ann Arbor, MI
Aug 1998 - present	Attending Physician, Dexter Family Practice Office, Dexter, MI

### ***Other Appointments:***

Sep 1980 - Aug 1982	Laboratory Manager/Programmer, Surgical Intensive Care Unit,
Jan 1983 - Aug 1985	Jackson Memorial Hospital, Miami, FL, Programmer, Psychology Department
	Massachusetts Institute of Technology, Cambridge, MA
May 1985 - Aug 1985	Statistical Programmer, Health Data Institute, Lexington, MA
Jan 1989 - Aug 1989	Computer Laboratory Manager, Department of Psychology, Shands Hospital, Gainesville, FL

### **Research Interests**

- 1) Physical activity
- 2) Chronic illness
- 3) Internet-mediated physical activity interventions

### **Grants**

#### ***Present and Active:***

##### **NIH – NHLBI (1 K23 HL075098)**

*Motivational Feedback to Increase Walking Adherence*

Principal Investigator, 09/30/04-08/31/10, \$875,868 total costs

##### **NIH – NIDDKD (1 R18 DK066166)**

*Effective Care Management of Depressed Diabetes Patients*

Principal Investigator: Piette, 05/01/05-04/30/10, Co-Investigator, \$2,766,693 total costs (concurrent with K-grant)

##### **NIMH (1R01MH078052-01A1)**

*Health Promotion and Fitness for Younger and Older Adults with SMI*

Principal Investigator: Bartels, 05/31/07-04/30/12, Consultant, \$3,205,650 total costs

##### **Michigan Institute for Clinical and Health Research**

*Translating an Internet-Mediated Walking Program into a Feasible Clinical Practical Tool*

Principal Investigator, 09/01/07-08/31/08 (no cost ext 8/31/10), \$100,000 total costs (concurrent with K-grant)

**NIH**

*Michigan Diabetes Research and Training Center Grant: Behavioral, Clinical and Health Systems (BCHS) Intervention Research Core*

Principal Investigator: Anderson, 02/01/08-01/31/13, Co-Investigator, \$685,040 total costs (concurrent with K-grant)

**\*VA**

*Veterans Walk to Beat Back Pain*

Co-Principal Investigator (w/Krein), 01/01/09-09/30/11, \$897,500 total directs

\*A memorandum of understanding with the VA is on file at the University of Michigan.

**NIH**

*A Pilot Lifestyle Intervention for Women with Histories of GDM: The PEG Study*

Principal Investigator: Kim, 04/01/09-03/31/11, Co-Investigator, \$100,000 (concurrent with K-grant)

**NIH**

*An Objective Measure of Physical Activity in the DPPOS: The Accelerometry Ancillary Study*

Principal Investigator: Kriska, 07/15/09-06/30/12, Consultant, \$1,571,744 total costs

**\*VA Career Development/Research Career Scientist (6847)**

*Improving Exercise Capacity and HRQL in Veterans with COPD*

Principal Investigator: Moy, 10/01/09-09/30/14, mentor, \$1,100,000 total costs

***Previous:*****American Academy of Family Practice Foundation**

*Restless Legs Syndrome in Primary Care Survey Study*

Principal Investigator, 01/01/01-03/01/02, \$6,000 total costs

**Michigan Retirement Research Center**

*Implications of High Risk Health Behaviors on Work-Force Participation: Disability, Retirement, and Lost Productivity*

Principal Investigator: Langa, 10/01/01-09/30/02, Co-Investigator, \$50,000 total costs

**Kaiser Family Foundation Grant**

*Effect of Internet Filters on Access to Health Information*

Principal Investigator: Resnick, 01/01/02-12/31/02, Co-Investigator, \$185,706 total costs

**VA Ann Arbor Healthcare System**

*Pilot Testing of a New Tool for Exercise Intervention and Measurement*

Principal Investigator, 07/01/02-08/01/03

**VA Ann Arbor Healthcare System (LIP 41-102)**

*Feasibility of a Step Count Feedback and Weight Loss Counseling Intervention*

Principal Investigator, 08/01/03-09/01/04, \$10,000 total costs

**VA Ann Arbor Healthcare System (LIP 41-106)**

*Validity of the Step-Count Monitoring Devices*

Principal Investigator, 08/01/03-09/01/04, \$10,000 total costs

**Department of Epidemiology – University of Pittsburgh Graduate School of Public Health**

*Validation of Objective Physical Activity Measures in Mobile Older Adults*

Principal Investigator: Storti, 12/01/03-06/30/04, Co-Investigator, \$8,333 total costs

**Department of Veterans Affairs Rehabilitation Research and Development Program (D3358R)**

*Does Step-Count Feedback Enhance Counseling for Weight Loss?*

Principal Investigator, 01/01/05-12/31/07, \$664,329 total costs

**Center for Health Communications Research – University of Michigan (Direct sponsor)**

NCI Center of Excellence in Cancer Communications Research (CECCR) (Prime sponsor)

*Tailoring on Objectively Measured Physical Activity*

Principal Investigator, 02/01/05-08/31/05, \$20,000 total costs

**Michigan Diabetes Research and Training Center (5 P60 DK020572)**

*Automated Step-count Feedback to Promote Physical Activity in Diabetes*

Principal Investigator, 04/01/05-03/31/06 (no cost ext 08/01/06), \$42,500 total costs

**Center for Health Communications Research, University of Michigan**

*Stepping Up to Health: Expanding the Reach*

Principal Investigator, 01/01/06-12/31/06 (no cost ext 06/01/07), \$49,180 total costs

**University of Michigan Metabolomics and Obesity Center**

*Motivational Interviewing for Weight Loss Maintenance*

Principal Investigator: Djuric, 10/15/07-10/14/08, Co-Investigator, \$50,000 total costs (concurrent with K-grant)

**University of Michigan School of Medicine**

*The Women's Healthy Lifestyle Study*

Principal Investigator: Djuric, 12/01/07-12/31/08, Co-Investigator, \$28,820 total costs (concurrent with K-grant)

**\*VA**

*Using a Functional Assessment to Optimize Oxygen Therapy in Chronic Lung Disease*

Principal Investigator: Cohen, 01/01/08-12/31/08, Consultant, \$49,600 total costs

**\*VA Center for Clinical Management Research QUERI (QLP41-018)**

*THRIVE Pilot: Tele-counseling Healthy Routines in Veterans through Encouragement*

Principal Investigator: Damschroder, 03/01/08-12/31/08, consultant, \$22,550 total directs

**Robert Wood Johnson Foundation (57408)**

*Enhancing Adherence by Building eCommunities*

Principal Investigator, 07/01/06-06/30/09, \$300,000 total costs (concurrent with K-grant)

***Pending:***

**NIH**

*Pedometers for Gestational Diabetes: PEG, a Randomized Controlled Trial*

Principal Investigator: Peg, 09/01/09-08/31/10, Co-Investigator, \$24,700

**NIH**

*Biopsychosocial Tailoring of Obesity Interventions*

Co-Principal Investigator (Resnicow other Co-PI), 09/30/09-09/29/14, \$749,776

**NIH**

*Timing of Exercise and Meals to Prevent Type 2 Diabetes*

Co-Principal Investigator (Borer other Co-PI), 12/01/09-11/30/10, \$149,314

**VA**

*ASPIRE: Coaching Veterans to Health Weights and Wellness*

Principal Investigator (Lowery), 09/30/09-09/29/11, Co-Investigator, \$917,100

\*A memorandum of understanding with the VA is on file at the University of Michigan.

**Honors And Awards**

May 10, 2001	Best Paper Presentation at Michigan Family Practice Research Day, Lansing, MI
Apr 22, 2002	Gender Equity Award, American Medical Women's Association for Interpersonal Violence and Abuse Sequence for 2 <sup>nd</sup> Year Medical Students at the University of Michigan
May 23, 2002	Robert Wood Johnson Clinical Scholars Program Research Mentor Award
May 15, 2004	Honorable Mention, Society of Teachers of Family Medicine Best Research Paper Award for paper, "Does Pornography-blocking Software Block Access to Health Information on the Internet?"
May 24, 2004	Token of Appreciation from Medical Students (TAMS) Award, University of Michigan Medical School
Jul 24 - Aug 5, 2005	NIH Summer Institute on Randomized Clinical Trials Involving Behavioral Interventions

Mar 30, 2006	Shining Star Award from the University of Michigan Health System for work on Katrina relief effort
Jul 6-10, 2007	Association of American Medical Colleges Early Career Women Faculty Professional Development Seminar
Nov 8, 2007	Peoples Choice Poster Award, World Usability Day, Lansing, MI
Jan 28, 2008	Fellow, American Academy of Family Physicians

### **Memberships in Professional Societies**

1992 - present	American Academy of Family Practice (AAFP)
1994 - present	Society for Teachers of Family Medicine (STFM)
2001 - present	North American Primary Care Research Group (NAPCRG)
2002 - present	American College of Sports Medicine (ACSM)

### **Editorial Positions, Boards, and Peer-Review Service**

1997 - present	Journal of Family Practice (Patient Oriented Evidence that Matters [POEMs] section), <i>Reviewer</i>
1999 - present	Academic Medicine, <i>Ad-hoc reviewer</i>
Dec 2002 - present	American Journal of Preventive Medicine, <i>Reviewer</i>
Apr 2003 - present	Medicine & Science in Sports & Exercise, <i>Reviewer</i>
May 2003 - present	Journal of Women's Health, <i>Reviewer</i>
Nov 2003 - present	Child Abuse & Neglect The International Journal, <i>Reviewer</i>
Nov 2003 - present	Journal of Medical Internet Research (JMIR), <i>Reviewer</i>
Jan 2004 - present	Obesity Research, <i>Reviewer</i>
Mar 2004 - present	American Journal of Managed Care, <i>Reviewer</i>
Apr 2004 - present	Ethnicity and Disease, <i>Reviewer</i>
Oct 2004 - present	Journal of General Internal Medicine, <i>Reviewer</i>



Oct 2004 - present	Psychological Medicine, <i>Reviewer</i>
Nov 2004 - present	ACP Medicine, <i>Reviewer</i>
Sep 2005 - present	European Journal of Pediatrics, <i>Reviewer</i>
Aug 2006 - present	BMC Psychiatry, <i>Reviewer</i>
Apr 2007 - present	Journal of the American College of Nutrition, <i>Reviewer</i>
Jun 2007 - present	Canadian Medical Association Journal, <i>Reviewer</i>
Aug 2007 - present	Physical Activity Resource Center for Public Health (Pittsburgh, PA), <i>Executive Board Member</i> (consultant on physical activity)
Feb 2008 - present	Acta Psychiatrica Scandinavica, <i>Reviewer</i>
Nov 2008 - present	Applied Physiology, Nutrition, and Metabolism, <i>Reviewer</i>
Apr 2009 - present	British Journal of Sports Medicine, <i>Reviewer</i>

## **Teaching**

Oct 1998 - Dec 2002	Inpatient Service Attending, Chelsea Community Hospital Chelsea, MI
Jan 1998 - May 2002	Resident Preceptor, The Corner Adolescent Health Clinic Ypsilanti, MI
Jan 1999 - Jun 2006	Sequence Director, Interpersonal Violence and Abuse Required Sequence for 2 <sup>nd</sup> Year Medical Students, University of Michigan Medical School, Ann Arbor, MI
Jul 2001 - Jun 2003	Mentor, Abby S. Letcher, Robert Wood Johnson Clinical Scholars Program fellowship, University of Michigan, Ann Arbor, MI
Jul 2001 - Jun 2003	Mentor, Lou A. Lukas, Robert Wood Johnson Clinical Scholars Program fellowship, University of Michigan, Ann Arbor, MI
May 2002 - present	Clinical Preceptor (M3's), Dexter Family Practice, ½ day per week, Dexter, Michigan
Nov 2002 - Jun 2003	Mentor, Frederick W. Kron, House Officer III, Senior Research Project, Department of Family Medicine, University of Michigan, Ann Arbor, MI

Apr 2004 - Dec 2006	Dissertation Review (Michelle Segar), Physical Inactivity Among Midlife Women: Understanding Norms, Goals, and Behavior, Department of Psychology, University of Michigan, Ann Arbor, MI
Jan 2005 - Aug 2007	Dissertation Review (Derek Hansen), Knowledge Sharing, Maintenance, and Use in Online Support Communities, School of Information, University of Michigan, Ann Arbor, MI
Jan 2005 - present	Development of Obesity Standardized Patient materials for medical students, University of Michigan Medical School, Ann Arbor, MI
Nov 2006 - present	Dissertation Review (Jason Duvall), School of Natural Resources and Environment, University of Michigan, Ann Arbor, MI
Aug 2007 - present	Core Faculty, Robert Wood Johnson Clinical Scholars Program, University of Michigan, Ann Arbor, MI
Jul 2008 - present	Dissertation Review (Maria Souden), School of Information, University of Michigan, Ann Arbor, MI
Jul 2008 - present	Dissertation Review (Carol Janney), School of Education, Department of Psychiatry, University of Pittsburgh, Pittsburgh, PA
Jun 2009 - present	Dissertation Review (Marquis Hawkins), Graduate School of Public Health, Department of Epidemiology, University of Pittsburgh, Pittsburgh, PA

## **Committee, Organizational, and Volunteer Service**

### ***Institutional:***

#### ***Department:***

Jan 1999 - Dec 2000	Diabetes Continuous Quality Improvement Committee
Apr 2005 - Dec 2007	Member, Advisory Committee on Academic Promotions and Tenure, Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan.

#### ***University:***

May 2009 - present	UMHS Diabetes Guideline Committee
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### ***National:***

Mar 1999 - Mar 2000	NIH Consensus Panel on Restless Legs Syndrome Washington, D.C.
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Aug 2004 - May 2009	Member, Society of Teachers of Family Medicine Research Committee
Apr 2005 - Nov 2006	Member, American Medical Association Expert Committee on the Assessment & Prevention of Childhood Obesity and Adolescent Overweight & Obesity

***Volunteer Service:***

Nov 1986 - Dec 1988	Peace Corps Volunteer, Lesobeng secondary school, Lesotho, Southern Africa
Sep 2007 - present	YMCA Health and Fitness Committee, Ann Arbor, MI

**Visiting Professorships, Seminars, and Extramural Invited Presentations**

***Extramural Invited Presentations:***

1. Opportunities for Research for the Family Practitioner. MAFP Spring Residents' Conference, Livonia, MI, March 21, 2003.
2. Research in Family Medicine. St. Margaret Family Practice Fellows, Pittsburgh, PA, January 22, 2004.
3. Physical Activity and Chronic Disease. Grand Rounds Conference, West Penn Hospital, Pittsburgh, PA, February 23, 2004.
4. Physical Activity and Health. Forbes Regional Hospital, Monroeville, PA, March 2, 2004.
5. Diabetes and Physical Activity. Nursing Horizons 2004: Innovations in Practice, School of Nursing, University of Pittsburgh, Pittsburgh, PA, March 12, 2004.
6. What Can Physicians do to Prevent Diabetes? Residency Research Network of South Texas (RRNeST), San Antonio, TX, April 30, 2004.
7. Physical Activity: The Elixir of Life. Department of Family and Community Medicine, University of Texas Health Science Center, San Antonio, TX, April 30, 2004.
8. Automated Physical Activity Self-Monitoring. Behavioral Cardiovascular Center, Columbia University, November 30, 2005.
9. Physical Activity and Technology. Reaching Out – Innovations in Technology Symposium, American Diabetes Association's 66<sup>th</sup> Scientific Session, Washington, DC, June 12, 2006.
10. Internet-mediated Interventions and Physical Activity. Graduate Students, Physical Activity Epidemiology Study (Andrea Kriska), University of Pittsburgh, Pittsburgh, PA, February 19, 2008.
11. Stepping Up to Health: An Internet Mediated Walking Program for People with or at Risk for Heart Disease. Geisinger Center for Health Research, Harrisburg, PA, March 4, 2008.

### ***Other Presentations:***

1. Management of Chronic Hepatitis. Family Medicine Grand Rounds, Thomas Jefferson University, Philadelphia, PA, 1996.
2. Zinc Gluconate and the Common Cold: A Prospective Meta-Analysis. Presentation to the Department Committee on Research, Thomas Jefferson University, Philadelphia, PA, 1997.
3. Low Back Pain: An Evidence Based Approach. Family Medicine Morning Conference, Thomas Jefferson University, Philadelphia, PA, 1997.
4. Computers in the Office. Family Medicine Morning Conference, Thomas Jefferson University, Philadelphia, PA, 1997.
5. Pediatric Anemia. Family Medicine Grand Rounds, Thomas Jefferson University, Philadelphia, PA, 1997.
6. The Exercise Prescription. Family Medicine Grand Rounds, Thomas Jefferson University, Philadelphia, PA, 1997.
7. Applying Feminist Principles to the Professional Practice of Medicine. Feminist Professional Practice Seminar, Guest Lecturer University of Michigan, Ann Arbor, MI, February 1999.
8. The Exercise Prescription, Viral Hepatitis, and Pediatric Anemia. Continuing Medical Education Course, Boyne Highlands Family Practice Update, University of Michigan, February 1-2, 2000.
9. Physical Activity, Physical Fitness and Exercise in Chronic Illness. Robert Wood Johnson Clinical Scholars Research Seminar, University of Michigan, Ann Arbor, MI, March 8, 2000.
10. Restless Legs Syndrome: How Prevalent? UPRNet Conference, Traverse City, MI, April 14-15, 2000.
11. Beneficial Effects of Exercise in Disease: What is the Evidence? Annual Spring Update in Internal Medicine, CME Conference, University of Michigan, Ann Arbor, MI, May 5, 2000.
12. Research Statistics. Research Workshop for Sports Medicine Fellows, American Medical Society for Sports Medicine, University of Michigan, Ann Arbor, MI, July 29, 2000.
13. Logistic Regression Techniques. Robert Wood Johnson Clinical Scholars Healthcare Literature Seminar: University of Michigan, Ann Arbor, MI, January 31, 2001.
14. History of Childhood Sexual Abuse: Why Ask? Spring Family Practice Update, University of Michigan, Ann Arbor, MI, March 6-9, 2001.
15. Restless Legs Syndrome in a Family Practice Office Population. Michigan Family Practice Research Day, Lansing, MI, March 10, 2001.
16. The Benefits of Increasing Physical Activity in Low Income and High CV Risk Groups. Robert Wood Johnson Clinical Scholars Research Seminar, University of Michigan, Ann Arbor, MI, April 19, 2001.

17. Restless Legs Syndrome in a Family Practice Office Population (poster presentation). Society for Teachers of Family Medicine National Meeting, Denver, CO, April 29, 2001.
18. Physical Activity Promotion: Changing Resident and Patient Behavior. 22<sup>nd</sup> Forum for Behavioral Science in Family Medicine, Chicago, IL, September 29, 2001.
19. History of Childhood Sexual Abuse: Why Ask? 22<sup>nd</sup> Forum for Behavioral Science in Family Medicine, Chicago, IL, September 30, 2001.
20. The Benefits of Increasing Physical Activity in Low Income and High CV Risk Groups (poster presentation). Richardson CR, Hayward RA, Lantz PM. Cooper Institute for Aerobic Research Scientific Meeting: Mediators of Physical Activity, Dallas, TX, October 6, 2001.
21. Increasing Women's Pleasure and Participation in Physical Activity: Addressing the Objectification of Women (poster presentation). Segar M, Richardson CR. The Cooper Institute for Aerobic Research Scientific Meeting: Mediators of Physical Activity, Dallas, TX, October 6, 2001.
22. Cardiovascular Disease Risk, Socioeconomic Status, Physical Activity, and Mortality. Robert Wood Johnson Clinical Scholars National Meeting, Ft. Lauderdale, FL, November 9, 2001.
23. Measuring Physical Activity in Diabetes Research. VA Health Services Research & Development meeting, Ann Arbor, MI, December 4, 2001.
24. Opportunities and Challenges in Working with Health-Related Secondary Data Sets: HRS/AHEAD Data. VA Health Services Research & Development meeting, Ann Arbor, MI, May 21, 2002.
25. Disability Costs of Poor Health Habits. Robert Wood Johnson 2002 National Meeting, Ft. Lauderdale, FL, November 7, 2002.
26. Prevalence of Restless Legs Syndrome in Family Practice Patients. North American Primary Care Research Group 2002 Annual Meeting, New Orleans, LA, November 18, 2002.
27. Measuring Physical Activity and Fitness in Primary Care Research. North American Primary Care Research Group 2002 Annual Meeting, New Orleans, LA, November 19, 2002.
28. Survival Analysis: The Big Picture. Robert Wood Johnson Clinical Scholars Healthcare Literature Seminar, University of Michigan, Ann Arbor, MI, May, 2003.
29. VO2 Max Estimates Incorporating rr Variability: Validity in Sedentary Women and in Cardiac Rehabilitation Patients (poster presentation). Richardson CR, Draper TA, Rubenfire M, Hofer TP, Kiningham RB. American College of Sports Medicine 50<sup>th</sup> Annual Meeting, San Francisco, CA, May 29, 2003.
30. Restless Legs Syndrome in Primary Care (poster presentation). Richardson CR, Mihaescu M, Klinkman MS, Malow BA. Associated Professional Sleep Societies 17<sup>th</sup> Annual Meeting, Chicago, IL, June 7, 2003.

31. Internet Screening Software and Information Accessibility. Family Practice Updates CME, Towsley Center, University of Michigan, Ann Arbor, MI, September 18, 2003.
32. Depression and Physical Activity. Family Practice Updates CME, University of Michigan, Towsley Center, Ann Arbor, MI, September 18, 2003.
33. Does Internet Pornography-Blocking Software Block Access to Health Information? Society of Teachers of Family Medicine Annual Meeting, Atlanta, GA, September 24, 2003.
34. Does Pornography-Blocking Software Block Access to Health Information on the Internet? 2003 Society of Teachers of Family Medicine: NorthEast Region Meeting and Residency Fair, Pittsburgh, PA, October 18, 2003.
35. Increasing Lifestyle Physical Activity in Patients with Serious Mental Illness (poster presentation). Richardson C, Marcus S, Neal D, Avripas S. Physical Activity and Mental Health: A Multidisciplinary Approach Conference, The Cooper Institute, Dallas, TX, October 24, 2003.
36. Prevention of Type II Diabetes with Diet and Exercise. Department of Family Medicine, Grand Rounds, University of Michigan, Ford Auditorium, Ann Arbor, MI, September 8, 2004.
37. Prevention of Type II Diabetes with Diet and Exercise. Update in Family Medicine, CME, University of Michigan, Towsley Center, Ann Arbor, MI, September 23, 2004.
38. Feasibility Of Using Enhanced Pedometer Feedback With Nutritional Counseling To Increase Walking And Decrease Weight In High-Risk Patients (poster presentation). Richardson CR, Foley S, Dial KS, Lowery JC. American Dietetic Association's Food & Nutrition Conference & Expo, Anaheim Convention Center, Anaheim, CA, October 5, 2004.
39. Multidisciplinary Approaches to Anxiety and Depression. University of Michigan Medical Students, Ann Arbor, MI, October 25, 2004.
40. The Psychology of Pedometers. VA Health Services Research & Development meeting, Ann Arbor, MI, November 8, 2004.
41. The Art and Science of Goal Setting. Department of Family Medicine Research Meeting, University of Michigan, Ann Arbor, MI, February 1, 2005.
42. Subjective Measures of Physical Activity (guest lecturer). University of Michigan Nursing students taking the Physical Activity and Health in Nursing class, Ann Arbor, MI, February 8, 2005.
43. Medical Management of Obesity (guest lecturer). University of Michigan 2<sup>nd</sup> Year Medical Students, Ann Arbor, MI, February 10, 2005.
44. Measuring Physical Activity for Health Services Researchers. Workshop. VA Health Services Research & Development Annual Meeting, Baltimore, MD, February 18, 2005.
45. Objective Measures of Physical Activity (guest lecturer). University of Michigan Nursing students taking the Physical Activity and Health in Nursing class, Ann Arbor, MI, February 22, 2005.

46. Lifestyle Change to Prevent Diabetes (guest lecturer). University of Michigan Students taking the Obesity and Eating Disorders Class, School of Public Health, Ann Arbor, MI, March 9, 2005.
47. Stepping Up to Health: A Web-Based Intervention to Promote Walking in Patients with Diabetes. Center for Health Communications Research, University of Michigan, Ann Arbor, MI, March 16, 2005.
48. Walk Your Talk Follow Up: A Lifestyle Intervention Program Promoting Physical Activity and Health Eating in People With Serious Mental Illness. Washtenaw County Health Organization, Ann Arbor, MI, April 5, 2005.
49. What can Physicians Learn from Supersize Me? Society of Teachers of Family Medicine Annual Meeting, New Orleans, LA, May 2, 2005.
50. Energy and Metabolism in Human Growth & Development (guest lecturer). University of Michigan 1<sup>st</sup> Year Medical Students, Ann Arbor, MI, May 24, 2005.
51. Stepping Up To Health. Michigan Diabetes Research and Training Center meeting, University of Michigan, Ann Arbor, MI, June 8, 2005.
52. Chronic Case Discussion. University of Michigan 3<sup>rd</sup> Year Medical Students, Ann Arbor, MI, August 12, 2005.
53. Medical and Public Health Response to Disaster. Department of Family Medicine, Resident Conference, University of Michigan, Women's Hospital, Ann Arbor, MI, October 5, 2005.
54. Stepping Up to Health: A Progress Report. Center for Health Communications Research, University of Michigan, Ann Arbor, MI, October 7, 2005.
55. Usability Testing of an Automated Step-count Feedback Intervention to Promote Physical Activity in Individuals with Diabetes (poster presentation). Richardson CR, Newton TL, Nandwana BR, Fortlage LA. American College of Sports Medicine/University of Illinois at Urbana-Champaign Walking for Health: Measurement and Research Issues and Challenges Conference, University of Illinois, Champaign-Urbana, IL, October 13, 2005.
56. Energy Balance. University of Michigan 2<sup>nd</sup> Year Medical Students, Ann Arbor, MI, October 17, 18 and 20, 2005.
57. Physical Activity and Health. University of Michigan Nurse Practitioner students, Ann Arbor, MI, October 20, 2005.
58. Promoting Physical Activity in Primary Care. Sports Medicine for the Primary Care Physician, CME, University of Michigan, Towsley Center, Ann Arbor, MI, October 26, 2005.
59. Center of Excellence in Cancer Communications Research Project Demonstration: Stepping Up to Health. Center of Excellence in Cancer Communications Research Awards Conference, University of Michigan, Duderstat Center, Ann Arbor, MI, November 17, 2005.
60. Veterans Walk for Health Study: Overview and Recruitment Objectives. Veterans Walk for Health staff, Memphis VA, Memphis, TN, December 15, 2005.

61. Veterans Walk for Health Study: Overview and Recruitment Objectives. Veterans Walk for Health staff, Oklahoma City VA, Oklahoma City, OK, January 12, 2006.
62. Interpersonal Violence and Abuse: Introduction and Epidemiology. University of Michigan 1<sup>st</sup> Year Medical Students, Medical Science Bldg. 1, Ann Arbor, MI, January 23, 2006.
63. Stepping Up to Health: A Web Based Walking Program for People with Diabetes. Robert Wood Johnson Clinical Scholars Program Research Seminar, University of Michigan, Medical Science Bldg. 1, Ann Arbor, MI, January 25, 2006.
64. Careers in Family Medicine. Multi-cultural Pre-Health Association, University of Michigan, Michigan Union, Ann Arbor, MI, January 25, 2006.
65. The Veterans Walk for Health Study: Design and Recruitment. Healthcare Providers, Tucson VA, Tucson, AZ, February 7, 2006.
66. Survival Analysis. Robert Wood Johnson Clinical Scholars Program, University of Michigan, Medical Science Bldg. 1, Ann Arbor, MI, February 8, 2006.
67. Enhancing Adherence by Building eCommunities. Department of Family Medicine Research meeting, University of Michigan, Research Office, Ann Arbor, MI, February 21, 2006.
68. Veterans Walk for Health. Medicine Grand Rounds, Kansas VA, Topeka, KS, February 23, 2006.
69. Health and Weight-loss Motives for Exercising Do Not Get Midlife Women Moving (poster presentation). Segar M, Peck S, Richardson C, Eccles J. Society of Behavioral Medicine 27<sup>th</sup> Annual Meeting, San Francisco, CA, March 2006.
70. Usability Testing of an Automated Step-count Feedback Intervention to Promote Physical Activity in Individuals with Diabetes (poster presentation). Newton TL, Nandwana BH, Fortlage LA, Richardson CR. Aging Research Symposium, University of Michigan, Ann Arbor, MI, April 6, 2006.
71. Enhanced Pedometer Interventions: Theoretical and Practical Advantages (poster presentation). Richardson CR, Janney AW. International Congress on Physical Activity and Public Health, Atlanta, GA, April 20, 2006.
72. Planning Data Analysis. Society of Teachers of Family Medicine Faculty Development Series Workshop II: Research Skills, Getting Started with the Basics. Society of Teachers of Family Medicine 2006 Annual Meeting, San Francisco, CA, April 26, 2006.
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79. Physical Activity and Health. University of Michigan Nurse Practitioner students, Ann Arbor, MI, September 14, 2006.
80. Energy Balance (elective): Promoting Physical Activity Behavior Change. University of Michigan 2<sup>nd</sup> Year Medical Students, Ann Arbor, MI, October 24, 2006.
81. Sports Medicine for the Primary Care Physician: Integrating Exercise Promotion into Primary Care Practice. Family Practice Updates CME, University of Michigan, Towsley Center, Ann Arbor, MI, October 25, 2006.
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96. Interpersonal Violence and Abuse: Introduction and Epidemiology. University of Michigan 1<sup>st</sup> Year Medical Students, Medical Science Bldg. 1, Ann Arbor, MI, March 31, 2009.
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\* *senior author*

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